

## COUNSELING & SUPPORT

Medication-Assisted Treatment (MAT) is one way to help those with opioid addiction recover their lives. There are three, equally important parts to this form of treatment to help people recover.

- ✦ Medication
- ✦ Counseling
- ✦ Support from family and friends



## ► Medication

The most common medications used in the treatment of opioid addiction are Buprenorphine and Methadone.

Buprenorphine is dispensed at treatment centers or prescribed by certified medical providers and is available at Victory Through Faith Recovery Services administered by Hope Clinic. Buprenorphine tricks the brain into thinking it is still getting the problem opioid. The person taking this medication feels normal, not high, withdrawal does not occur, and cravings are reduced. Buprenorphine is administered when the patient experiences withdrawal symptoms.

Methadone is dispensed only at specially licensed treatment centers.

People can safely take treatment medication as long as needed - for months, a year, or several years.

Many people in treatment relapse one or more times before getting better and remaining drug free. Each relapse is a setback, but it does not mean failure. People who relapse can continue with treatment and achieve full recovery.

## ► Counseling

Counseling is an important part of Medication-Assisted Treatment. Through counseling, people learn why the addiction occurred, the problems it has caused, and what they need to change to overcome those problems.

Counseling can provide encouragement and motivation to stick to treatment. It can teach coping skills and how to prevent relapse. And, it can help people learn how to make healthy decisions, handle setbacks and stress, and move forward with their lives.

## ► Opioid

### OVERDOSE PREVENTION

Medication - Naloxone (Narcan)

Naloxone, commonly called Narcan, is a medication used in MAT to reverse opioid overdose. When you are prescribed opioids, you have the right to have a Naloxone prescription from your medical provider.

Narcan is a nasal spray and can be used by a non-medical professional to reverse an overdose caused by opioids.

If you suspect you or someone you know is having an overdose, call 911 immediately.

Even if you use Narcan on someone, you still must call 911 to get the patient the proper medical care.

## ► Support

It is very hard to go through recovery alone. Support from family and friends is very important. Love and encouragement can help a person make the decision to enter treatment and stick with it.

HELP IS HERE.

The consequences of untreated addiction can be tragic for the individual, family and community. Hope Mobile Clinic and Victory Through Faith Recovery Services has implemented a Medication Assisted Treatment (MAT) program combined with treatment services to help people suffering from alcohol and opioid addiction.

Opioid addiction is a chronic disease like heart disease or diabetes. A chronic disease is a medical condition that can last for a person's entire life. However, by managing the addiction, a person can regain a healthy, productive life.

Most people cannot Just walk away from addiction. They need help.

Medication Assisted Treatment stops the use of the problem drug. It helps them get through withdrawal and cope with cravings.

MAT addresses the underlying issues that trigger inappropriate drug use and helps people move into healthy addiction free lifestyles, also called recovery.